



FIRST STEP BALLET SCHOOL

培藝芭蕾舞學校

成人健體舞蹈系列 DANCE FIT - 3月份時間表

ADULT "Dance FIT" - Schedule (March 2019)

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
				Zumba 20:00 - 21:00		
				Jordan		
4	5	6	7	8	9	10
	Zumba 19:00 - 20:00	Yoga 19:15 - 20:15	Funky Dance 18:00 - 19:00	Zumba 20:00 - 21:00	Funky Dance 17:00 - 18:00	
	Shatin	Shatin	Shatin	Jordan	Shatin	
11	12	13	14	15	16	17
	Zumba 19:00 - 20:00	Yoga 19:15 - 20:15	Funky Dance 18:00 - 19:00	Zumba 20:00 - 21:00	Funky Dance 17:00 - 18:00	
	Shatin	Shatin	Shatin	Jordan	Shatin	
18	19	20	21	22	23	24
	Zumba 19:00 - 20:00	Yoga 19:15 - 20:15	Funky Dance 18:00 - 19:00	Zumba 20:00 - 21:00	Funky Dance 17:00 - 18:00	
	Shatin	Shatin	Shatin	Jordan	Shatin	
25	26	27	28	29	30	31
	Zumba 19:00 - 20:00	Yoga 19:15 - 20:15	Funky Dance 18:00 - 19:00	Zumba 20:00 - 21:00	Funky Dance 17:00 - 18:00	
	Shatin	Shatin	Shatin	Jordan	Shatin	

上課地點：Shatin - 沙田石門安群街3號京瑞廣場1期15樓A&P室 (電話：2320 8778)

Jordan - 佐敦柯士甸道102號5樓501-2室 (電話：2736 8380)

查詢及留位Whatsapps：9320 8380